Raider Review

Baseball team set for season

By PHIL AGEE

With the return of another baseball season, the varsity baseball team will look to improve on last year's 16-5 mark.

Head coach Howard Clabough and his assistant John Pettyjohn have a strong nucleus this year with which to work. Only two starters, Ken Caldwell and Keith Mann, were lost to graduation last year. "Most of our kids who played last year are coming back," stated Clabough.

Sophomore talent coming up will be important for a successful season, according to Clabough. "The jayvees had a strong team last year. Paul Johnson was undefeated as a pitcher last year and he should help our staff." In addition to Johnson, Mike Jackson, Kike Ferguson, Tim Austin, Tony Mann, Lonnie Hamlett, and Phil Bollinger could contribute to the team's effort.

The Raiders also have many exprienced players returning. Gary Ferguson, Jody Williams, Rodney Bryant, Alan Edmonds, and Mike Williams are all leading returnees.

Clabough feels that pitching should be strong this year. Seniors, Greg Mayberry, Kevin Mitchell, and Tim Bennett, all of whom have had impressive statistics throughout their varsity career, are all back for their final season.

Clabough as well as the Raider players themselves feel that they will have a strong team to field this year. "Our kids are capable of winning the district," noted Clabough. Senior Tim Bennett said, "If we work hard and play up to our potential we should have a very successful season. Everyone's looking to improve on last year's record."

School menus

Appomattox Primary School

Thurs., Mar. 10 - Hamburger on bun, string beans, French fries, milk.

Fri., Mar. 11 - Vegetable soup and crackers, grilled cheese sandwich, half orange, cookie, milk.

Mon., Mar. 14 - Pork Barbecue on bun, French fries, string beans, milk.

Tues., Mar. 15 - Spaghetti, tossed salad, fruit, milk.

Wed., Mar. 16 - Pizza, slaw, buttered corn, milk.

Thurs., Mar. 17 - Hamburger on bun, steamed cabbage, cookie, fruit, milk.

Middle School Menu

Thurs., March 10 - Bologna and cheese sandwich, French fries, lima beans, fruit, milk.

Fri., March 11 - Batter dipped fish, macaroni & cheese, mixed vegetables, hot roll, milk.

Mon., March 14 - Hamburger on bun, potato rounds, string beans, frosted cake, milk.

Tues., March 15 - Chili beans, cole slaw, applesauce, hot roll, milk.

Wed., March 16 - Pizza, tossed salad, buttered corn, milk.

Lynchburg College

John Jimison tours with choir

John F. Jimison, son of Mr. and Mrs. Don F. Jimison, Route 3, Appomattox, a sophomore at Lynchburg College, is spending college spring vacation on a southern tour with the Lynchburg College Touring Choir.

The Choir will leave the college campus March 4 and return on March 13. Concerts will be given in high schools and churches in North Carolina, Georgia and Florida.

Under the direction of Dr. Harvey D. Huiner, associate professor of music at Lynchburg College, the repertoire will include choral masterworks from a variety of historical periods, as well as sacred and popular. They will also present a medley of songs from the musical, Camelot, in their high school performances.

Jimison, who is a graduate of Appomattox County High School, is majoring in accounting with a minor in computer science. He is a member of Phi Eta Sigma national honor society and the Christian Student Union.

VIRGINIA IS OUR state and students at Appomattox Elementary School are engrossed in studying our brand new Virginia History books. One project to make the history come alive has been that of student designed and painted murals depicting major events from 1607-1865. Shown above are two students in Mrs. Blue's fourth grade class at Appomattox Elementary School.

Decision to self-insure can be helpful to farmer

"A farmer's decision to "self-insure" against possible crop losses can have magic financial results," according to Mary E. Goodwyn, District Director of Federal Crop Insurance Corporation. "Some farmers feel that if they've survived in the past without insurance on their crops, they can survive in the future without it. They neglect to take into account that a crop loss today is likely to have far more serious economic consequences than a similar loss as recently as four or five years ago."

"There's also a tendency to think that it's possible to come out even or perhaps ahead over the long run by not paying an annual insurance premium. The fact, however, is that farmers who carry insurance are far better protected than those who, in effect, 'self-insure'," Goodwyn says. The insurance official gives five major reasons:

First, Federal Crop Insurance policies provide continuing protection; "self-insurance" doesn't. Once personal savings earmarked for a poor crop year have been spent, the farmer is left without protection against the possibility of subsequent losses.

Second, crop losses not covered by insurance represent a permanent loss of investment capital which could otherwise be employed to produce income during future good crop years.

Third, a farmer's ability to borrow money can be significantly weakened as a result of crop investment capital results in a reduction in his net worth. This can become a major problem if additional debt incurred to pay past expenses reduces his ability to borrow for future production expenses. In contrast, if crop losses are covered by insurance, his net worth and ability to borrow should remain unchanged.

Fourth, when a farmer "self-insures," the financial impact of crop loss inevitably occurs in a year when he can least afford it. Federal Crop Insurance premiums, on the other hand, are spread over the larger number of good years and can be paid out of crop proceeds. As a result, farmers who manage their risks by carrying insurance can do a better job of long-range financial planning.

Fifth, Federal Crop Insurance is less expensive. The Federal Government currently pays up to 30 percent of the premium cost. Goodwyn reports that, for 1983, Federal Crop Insurance policies are available in Appomattox County on Barley, Corn, Grain Sorghum, Tobacco, and Wheat. The insurance is sold and serviced by private agents who have qualified for FCIC Certification. The ASCS office in Appomattox can provide a list of agents or growers can call 800/447-4700 for local agents to serve his needs.

Singles club meets today

There will be a meeting of the Area Christian Singles Club today (Thursday) March 10.

The meeting will be held at Hyland Heights Baptist Church on Route 29 in Lynchburg.

How to plant a pine forest

(Continued from page 1)

other."

Typically, it costs approximately $40 per acre to plant pines, including the planting crew's labor, and the cost of the trees, which is $16 per 1,000.

But there are state and federal programs available which can pay for up to half or more of the cost of starting a pine plantation, according to Bowman.

The planting crew forms a line, much like a game-drive line, with approximately nine feet between each planter. Using a "planting bar," each person in the line attempts to plant one tree approximately every six feet. This placement -- nine feet between rows and six feet between trees -- yields the approximately 800 trees per acre which the state seeks in each plantation.

In the autumn, an inspection of the newly planted area is made after the first frost eliminates much of the summer's ground growth. "If there are less than 400 trees per acre, then we recommend re-planting or something else," Bowman notes.

If there are 400 trees per acre or more, and they are evenly spaced, then the land is considered a stand of trees.

"Most of the tree mortality occurs in the first year," according to Clark. "If they make it through that first year, usually they will continue to grow."

Bowman notes that last year, the survival rate on new plantations was between 700 and 800 trees per acre in the county.

Between ten and 15 years after the planting, the plantation undergoes its first "thinning," during which smaller trees are removed, allowing more sunlight to reach the larger trees, helping them grow better.

Approximately ten years later, the stand is thinned again. Each thinning results in a return on the landowner's investment. At current, a thinning brings between $50 and $100 per acre. The final phase in a plantations's life, when the trees are cut approximately 45 years after planting, currently brings between $1,000 and $2,000 per acre, according to Clark.

After the final cutting, it's time to start the process all over again.

Bowman notes that now is the ideal time to start a plantation. There is plenty of moisture in the soil, and the ground is soft enough to plant the trees.

He notes that anyone interested in having a pine plantation should contact the State Division of Forestry, preferably before the end of March, for further information.

After costly treatment failed, this skin disease was believed incurable. At this point, HAPPY JACK MANGE MEDICINE HAS LIED! 30% Hit DRAMATIC SUCCESS. Also, HAPPY JACK "PREVENTAMIL" CDE: recognized safe and effective by U.S. BVM against mange in dogs and cats. At farm, feed and drug stores.
To request free catalog write: Happy Jack, Inc.Dept. 15, Saxon Hill, NC 28608

CAREER OPPORTUNITY

Peoples Life has an excellent opportunity available for one who seeks a career in sales and service. Opportunity from the standpoint of income, advancement, and personal achievement. Excellent fringe benefits and guaranteed salary while training. Call Mickey Eller, Manager (846-5616) or come by our office at 202 Fort Early Building, Lynchburg, Va. 24501.

WANTED TO BUY
LOGS DELIVERED TO OUR MILL
TIE LOGS — SAW LOGS
TOP PRICES PAID
WE ARE NOW BUYING #1 GRADE RED OAK, WHITE OAK, & POPLAR LOGS 13" & UP
For More Information
R. S. BURRUSS LUMBER CO., Inc.
248-6167 or
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FREE House Plans
1 Per Customer
J. E. Sears & Co., Inc.
"Everything to Build Anything"
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The Clothesline
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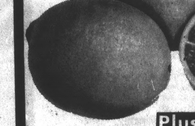
PICK A LEMON AT OUR LEMON PLUS SALE
Lemons to us . . . Great buys to you!
Plus
REDUCED PRICES ON SELECTED SPRING MERCHANDISE
Plus . . .
FREE LEMONS WHILE THEY LAST
JUST A FEW OF OUR LEMON VALUES
Men's Shirts..$8.00 — Jr. Slacks...$11.00
Blouses.....$9.00 — Socks.....79¢
Wool Skirts..$12.00 — Jewelry....½ Price
Cotton Blend Skirts. $13.00 — Slickers.....$9.00
The Clothesline
Triangle Plaza Shopping Center—Appomattox
352-5838

USED CAR... SAVINGS
These are just a few of the many fine used vehicles on our lot. With new car sales being up we now have a selection of used cars and trucks that you must see to believe.... HURRY IN!
1982 MERCURY LN7 - Hatchback Coupe, 4 Cyl., 4 Speed, AC, Stereo, 13,000 Miles — factory demo
1982 MERCURY Cougar 4 Dr. SW - Fully Equipped - Low Mileage - Dl. Demo
1981 FORD - Escort - 3 Dr. HB, 4 Cyl. - 4 Speed - Air - Low Miles - Like New
1980 PLYMOUTH - Horizon - Hatchback - 4 Cyl. - AT - Air - Front Wheel Drive - Nice
1979 CAMARO - Z28 - Brown Met. - Sharp - All the Options.
1979 FAIRMONT - Futura Coupe - 4 Cyl. - Automatic - Air Condition - Clean as New - Good Gas Mileage
1977 CHEVROLET - Nova Concourse Coupe - Has All Options - Low, LOW Miles - You must see to appreciate!
LARGE SELECTION EXTRA CLEAN USED CARS Priced To Sell!
LAWSON FORD, INC.
Phone 352-8221
460 W. — Appomattox

Ag Day observance slated

Agriculture generates $135 billion each year

The vast array of supplies and services used by today's farmers, ranchers and other agricultural producers generates more than 2 million jobs and at least $135 billion a year in business activity throughout the economy, says Dan G. Coleman, of Coleman & Sons, Inc., a local supporter of the annual Agriculture Day observance on March 21.

Agriculture Day is a 10-year-old national observance endorsed by an act of Congress and a presidential proclamation each year since 1981. It is a tribute to American agriculture's achievements and a time when a cross-section of agricultural interests join in educational efforts aimed at the general population in their communities.

The observance, the midpoint of Agriculture Week, embraces a wide array of community-oriented activities nationwide, from parades and special exhibits to local and regional radio and television programs. For the third consecutive year, "Agriculture: It's Your Heartbeat, America" has been selected as the theme for Agriculture Day.

Materials developed by the Agricultural Council of America Education Foundation for the 1983 observance emphasize agriculture, the "food chain," as a "human chain."

"Agriculture really is a network of 23 million or more men and women, from suppliers to checkout clerks, but we all are dependent on the success and skills of the producer," says Coleman.

Farm exports alone are a major source of new jobs, with an estimated 31,600 created by each additional $1 billion in increased exports, says Coleman. The value of those exports fell in 1982 by about $4 billion, from the 1981 peak of $43.3 billion, however. That was the first significant drop in 13 years, due largely to the worldwide recession and changes in world trade patterns as a result of four selective embargoes in the last decade, says Coleman.

"Not surprisingly, farm income also fell sharply, for the third straight year," says Coleman. "The point we want to make is that the futures of 2 million farm operators are not the only futures at stake when farm income falls below costs. All those jobs and all that business activity depend on an agriculture that is as prosperous as it is efficient and productive in supplying me with top quality food and fiber.

"We are proud to be associated with a strongly united effort," says Coleman. "We need at least one day each year to remind the American people how important agriculture is to our past, present and future."

ON WEDNESDAY, MARCH 2 the Stock Market closed with 113 million shares sold--up 4 points from the day before. On Thursday, March 3 Sixth Grade Think Tank Students discussed the Stock Market with John Fedison who has been dealing in stocks and bonds for many years. Students are learning to read newspaper stock reports and how to change stock market quotations into dollars and cents. The students will visit Legg Mason on March 10.

Steam engine to pass through

A steam-powered excursion train running from Pocahontas, Va. to Norfolk will pass through Appomattox and Pamplin in observance of the Pocahontas Coalfield Centennial Celebration on March 17.

The excursion, which marks the 100th anniversary of the first Pocahontas-to-Norfolk coal run, will run along the Norfolk and Western tracks in Appomattox County.

The estimated time at which the train will pass through Appomattox is 2:40 p.m., and the train is expected to pass through Pamplin at approximately 2:55 p.m.

While the train will not stop in Appomattox County, it will slow down as it passes through Appomattox and Pamplin, allowing track-side spectators a better view of the steam engine and cars.

There will be a ten-minute stopover in Crewe. The train is scheduled to arrive in Norfolk at 7 p.m. where elaborate centennial-celebration ceremonies will be conducted.

Local students excel in DE competition

Appomattox County High School sent 15 of its Distributive Education students to the District 6 Leadership Conference. The competition was held at Buckingham High School and the River Ridge Mall.

Students competed in the areas of Job Interview, Student of the Year, Food Marketing, General Merchandise, Restaurant Marketing, and Communications.

After competition, the students met at the Western Steer for dinner and to receive the awards.

Wayne Fanning of WGOL Radio Station was the master of ceremonies. distribution.

The greatest way for students to demonstrate what they have learned on the job and in the classroom is to participate in DECA Competitions. These competitions are held at the District, State, and National levels.

WINNERS IN DECA competition from Appomattox County High School.

PARTICIPANTS AND AWARDS RECEIVED

Susan Goggins	1st place	Support Activities - Restaurant Marketing-ME
Ricky Garrison	2nd place	Communications - General Marketing-ME
	3rd overall	General Marketing-ME
Teresa Bass	1st place	Student of the Year
Rebecca Doss		Student of the Year candidate
John Franklin	1st place	Communications - Food Marketing-SU
Ricky Franklin		Entered Food Marketing SU Event
Darlene Smith	3rd place	Overall Resturant Mkt. -SU
	2nd place	Comphensive Restaurant Mkt.-SU
	2nd place	Support Activities - Restaurant Marketing-SU
Shelia Carrico	2nd place	Selling General Merchandise-SU
	1st place	Human Relations - General Merchandise-SU
	1st place	Math - General Merchandise-SU
Wayne Hawkins	1st place	Overall Gen. Merchandise-SU
	2nd place	Overall Gen. Merchandise-SU
	2nd place	Human Relations - General Merchandise-SU
	2nd place	Math - General Merchandise-SU
	3rd place	Selling Gen. Merchandise-SU

Sandra McFadden and Frank Webber participated in the Job Interview Event. Robin Phillips and Randy Scott participated in Communications. Paul Chevalier participated in the Food Service Supervisory Level. Darryl Martin was in the Food Marketing Event.

Distributive Education is a vocational education program for high school students who are preparing to enter into the field of Distribution (this includes all retail, wholesale and service occupations.) DECA (Distributive Education Clubs of America) is a curricular club which develops a program of student activities to relate the classroom instruction with practical experiences in the business world. The program is designed to develop future leaders for marketing and

Schewel's wins award for excellence in advertising

At the annual meeting of the Lynchburg Advertising Club held at Oakwood Country Club in Lynchburg, Virginia, Feb. 21, the annual ADDY AWARDS of Excellence were made to the advertisers in the Central Virginia area.

The categories were Print, Radio, Television, Catalogs, etc. After the awards in each individual category were presented, Schewel Furniture Company was given a special award by the ADDY Committee of the Lynchburg Ad Club.

The citation read in part "For that advertising program that has been the most exciting and productive in a combination of radio, print, and T.V. for 1982". Foster Cohan, Advertising Director for Schewels, accepted the award.

Then the outstanding ads of the Company were shown on T.V. monitors around the room; special radio promotions were played; and copies of newspaper ads and circulars were displayed. This is the first time in the history of the Lynchburg Ad Club that the ADDY Committee has made this special presentation.

"DO YOU KNOW YOUR BUSINESS COMMUNITY?"

Reader Ads Prepared By Universal Advertising Associates, Inc.

LYNCHBURG CHIROPRACTIC CENTER
Larry McGlothlin, D.C.

Did you know that being certified as a chiropractor requires 237 more college credit hours than required to become a medical doctor? Many people are surprised to learn this. The facts were compiled following a review of the curriculum catalogues of 22 medical schools and 11 chiropractic colleges and updated from the National Health Federation.

Chiropractic is a philosophy, science and art of things natural. It was discovered in 1895 by D. D. Palmer and at that time it was a new concept and the discovery brought about untold changes in treatment.

Today, Chiropractic has become the largest drugless healing professions in the Western World. This science contends that some of the causes of disease in the body are the vertebral subluxation which create pressure upon nerves and interfere with the normal transmission of vital nerve energy.

The Chiropractic's objective is to locate the place in the spine where nerve pressure exists and, by proper adjustment, restore vertebrae to their normal positions. Correct adjustment releases pressure on nerves and thereby allows the body to heal itself.

This Message Has Been Brought To You By Dr. Larry McGlothlin of LYNCHBURG CHIROPRACTIC CENTER at 2900 Old Forest Rd. or phone for an appointment 384-1631.

WHITES HOME & AUTO STORE
Carl Miller - Owner

With so many auto parts stores in this area, why in the world would so many auto and truck mechanics, as well as motorists, recommend WHITES HOME & AUTO STORE so highly? That's easy enough. The reasons are a large and professionally-maintained stock of quality auto supplies and friendly personal service. +

The management and employees of this firm are people knowledgeable in auto maintenance. And with the rates so high on auto repair, it just makes good sense to perform such maintenance as tune-ups yourself.

The friendly employees at WHITES HOME & AUTO STORE will gladly answer any question you may have, whether it regards what part you may need or how to perform a certain amount of maintenance.

They feature new and rebuilt auto parts, as well as lawn and garden equipment, large and small household appliances, tools and supplies for the do-it-yourselfer. Drop by the Triangle Plaza or phone 352-8878. The people at WHITES HOME & AUTO STORE realize that competition is fierce and therefore, go out of their way to assure your complete satisfaction. We suggest you see WHITES HOME & AUTO STORE for all your household and auto supply needs.

S.W. GUTHRIE BUILDING CONTRACTOR, INC.
Sam Guthrie - President & Owner

There is a difference in home builders!! Be certain that when you have your new home built that you rely on a contractor such as S.W. GUTHRIE BUILDING CONTRACTOR, INC.

Strict attention to detail on every job is a cardinal rule on every home built by the pros at S.W. GUTHRIE On any work sub-contracted, this fine builder deals only with electricians, heating and cooling people and painters, known to share the same dedication for excellence insisted upon by S.W. GUTHRIE.

Call 845-1557 soon and you'll discover why S.W. GUTHRIE is recognized as one of the area's leading builders. They feel that a well-built house, sheltering a satisfied customer is the best recommendation any company can have.

Bring them your plans or let them offer you some of their attractive, functional designs. You'll find that these experts go out of their way to make your home perfect for your needs.

The writers of this "Do You Know Your Business Community?" urge persons thinking about a new home to think about the experts at S.W. GUTHRIE BUILDING CONTRACTOR, INC.

CLASS ONE THE DESIGN SCHOOL FOR HAIR

CLASS ONE/THE DESIGN SCHOOL FOR HAIR, located at 3018 Memorial Avenue in Lynchburg, phone 845-1553 is the school with the accelerated training for all the help you need. Here a complete course in cosmetology can be learned using the most sophisticated equipment and taught by professionals.

Classroom study, lectures, demonstrations and practical work all come together to teach you, step by step, the basics of beauty services. Their course of instruction includes the latest techniques. Other topics related to hairdressing, such as tool and equipment upkeep, personal grooming and customer relations, are also included in the curriculum. Students initially work on mannequins and each other. Then onto the school clinic where they actually begin to practice and perfect their skills under complete supervision.

At the completion of the course, you will be totally prepared for State licensing examination. More importantly, you will have become a professional in the field of hair designing.

If you are contemplating a career, you really owe it to yourself to call or stop by CLASS ONE/THE DESIGN SCHOOL FOR HAIR. They are open Tuesday through Saturday. Call 845-1553.

GREENVIEW NURSERY AND GREENHOUSE

Obviously, the first thing visitors to your home or business notice when they approach are your grounds. A dull, uninspired landscape doesn't cast the best reflection on your home or store.

Let the professionals over at GREENVIEW NURSERY AND GREENHOUSE design and create that especially distinctive look presently missing in your yard. Located at 794 Leesville Rd. in Lynchburg; phone 239-5282, these professional landscapers have an unlimited number of ideas to complement the beauty of any home or commercial building.

Watch as your yard comes alive with healthy shrubs, young trees, evergreens, perennials and annuals to highlight your patios and walks. As experts in landscaping and nurserymen, they can give you helpful tips on what trees, shrubs and evergreens will thrive in our climate. Their custom sodding service will give your lawn that lush, healthy look, that may be missing.

Landscaping is something not to be attempted by amateurs. Rely on the professionals over at GREENVIEW NURSERY AND GREENHOUSE for all your nursery stock and landscaping needs.

APPOMATTOX HOME IMPROVEMENTS

For complete home building and improvements, APPOMATTOX HOME IMPROVEMENTS is a firm regarded locally as one of the best, most-experienced in the field.

If you have a job to be done, give them a call anytime at 352-8305, and let them help you in the design of your needs. They will be more than happy to give you a complete cost analysis of any job, including custom home building, home and mobile home additions, wood and concrete decks and walks, pole buildings, aluminum and vinyl siding, garages, storm windows and other home improvement and remodeling work.

You can be certain that when you contract APPOMATTOX HOME IMPROVEMENTS to handle any work for you, it will be done in the most professional manner, combining use of the finest quality materials and the best of workmanship to complete the job in the shortest time possible, at realistic costs.

For all of your needs in home building, home and mobile home improvements, call APPOMATTOX HOME IMPROVEMENTS at 352-8305 and let J. Ronnie Guill, the owner, give you competitive estimates at no obligation to you.

APPOMATTOX OIL COMPANY

We had a rough winter last year and many of the local homeowners and farmers in this region are well acquainted with the service-oriented people at APPOMATTOX OIL COMPANY. Locally owned and operated, APPOMATTOX OIL COMPANY has been serving local needs for over 50 years. They are located at 11 Commerce St. in Appomattox, phone 352-5757.

Being the area's Texaco distributor, this firm is in the position to provide dependable service and deliveries for homes, farms and businesses.

Providing such services as metered delivery, automatic keep-fill service, budget plans, consistant quality and courteous delivery people, APPOMATTOX OIL COMPANY is continually striving to provide a most up-to-date service for your convenience. They can also provide a reliable reference for emergency burner service to assure you that you'll remain warm during even the coldest days of winter.

The writers of this "Do You Know Your Business Community?" give APPOMATTOX OIL COMPANY our recommendation.

WALTERS MEMORIALS

Don't let the gravesite of your loved one go unmarked. A monument should reverently and beautifully express the fact that your loved one lived, not that he or she died.

WALTERS MEMORIALS is one of the region's largest and most beautifully displayed selections of monuments and markers suitable for any budget.

See them at their locations in Lynchburg at 310 Wards Rd., phone 239-3231, ask for Constance Swartz, owner; and at 505 Wadsworth, phone 528-5175, see Blair Swartz, manager.

They have served this area for many years with quality products and superior service to all their customers.

Richly rewarding is the spiritual harvest of a life well lived. Let the professionals at WALTERS MEMORIALS express this with one of their custom-designed monuments.

DAVIS KENNELS

Would you like to take a trip but aren't sure what to do with your dog or cat? If that's your problem then contact DAVIS KENNELS at Rt. 221 in Forest, located in the country on Hwy. 221 midway between Bedford and Lynchburg, phone 525-5672.

Your pet will receive individual attention at this fine kennel. Clean, individual spaces are maintained here, and only the best food will be fed to your pet during its stay.

Special low prices are offered by the week or month and all breeds are accommodated. Plenty of tender, loving care is their motto.

They feature indoor-outdoor runs, climate-controlled temperatures and experienced professional grooming.

Give your pet a treat the next time you have to take a trip and leave it behind. Leave your pet with DAVIS KENNELS. Call today for information at 525-5672.

This kennel is recommended in this area by the writers of this "Do You Know Your Business Community?"

OLD DOMINION NURSES LTD., INC.

When seeking professional nursing care for your loved one, be sure to inspect the services and meet the dedicated professionals at NURSES LTD.

Located at 7701 Timberlake Rd. in Lynchburg, phone 239-0717, this fine service is operated with one goal in mind: to create an atmosphere conducive to the well-being of the patients entrusted to their care and in their own home whenever possible.

NURSES LTD. provides each patient with round-the-clock care or care during specified hours by dedicated, professional attendants. Don't you owe it to your loved ones to inspect the superior services of NURSES LTD.?

We, the writers of this "Do You Know Your Business Community?" remind our many readers that they do owe their loved ones the finest care available. So when you need skilled professional or convalescent care inspect the services available through NURSES LTD.

220 SEAFOOD RESTAURANT
Lynda Russell - Mgr.

The 220 SEAFOOD RESTAURANT, located at the Town & Country Shopping Center in Madison Heights, Va., phone 845-7511, is one of the most original places in the entire area. When the owners opened their doors, it was the idea that a seafood restaurant should combine friendly service with the proper atmosphere. The popularity of this fine resaurant has proved the value of this theory.

Here the service is friendly and quick. Specializing in many ocean fresh seafoods, as well as chicken, the menu also features your regular favorites, along with a selection of your favorite beverages. Dinner here will please even the most particular.

If you're in the mood for a trip and find you don't have quite enough cash for a cruise, take a "dinner vacation" instead at the 220 SEAFOOD RESTAURANT. You'll be greeted with the same warmth and will enjoy the finest in cuisine.

Visit 220 SEAFOOD RESTAURANT soon. You'll be glad you did!

BASS & MILTON CONSTRUCTION CO., INC.
Richard Bass & Kenneth Milton - Owners

Before you contract to build your new home, at least get a bid from the experts over at BASS & MILTON CONSTRUCTION CO., INC., where quality is designed and built into every house they've ever erected.

Located at the East end of town on Hwy 460 in Appomattox, phone 352-7065 and after 6:00 p.m. 352-7540, this expert contractor specializes in both building to the owner's plans or his own.

They also specialize in all types of remodeling, including renovation, fire damage work, siding, roofing, concrete work, additions and kitchens. On any work subbed out, they are always careful to select only electricians, heating and cooling people and other specialists known as experts in their particular sub-contracting field.

BASS & MILTON CONSTRUCTION CO., INC. has gained a well-deserved reputation for quality workmanship at working man's rates. Call 352-7065 and after 6:00 p.m. 352-7540 to discuss your large and small building and remodeling needs.

We, the writers of this publication suggest this fine home builder for all your building and remodeling needs.

PARADISE LAKE CAMPGROUND
Seasonal Sites Available

Located on Rt. 460 East in Appomattox, phone 993-3332, PARADISE LAKE CAMPGROUND is one of the finest and most beautiful in the area.

The owner has kept this campground in the finest of condition and has strict rules to be followed to keep the grounds clean, safe, respectable and a wonderful place in which to return.

If you're set to enjoy yourself in the outdoors, be sure to visit PARADISE LAKE CAMPGROUND for a weekend or a week. Whether you enjoy fishing, swimming, canoeing or just plain loafing, this is the place made just for you. Their newly-renovated beach and swim area would please even the most discriminating. Special features at PARADISE LAKE CAMPGROUND include a country-western dance with live entertainment on Saturday nights.

Remember to plan now for your outing here at PARADISE LAKE CAMPGROUND so that you and your family can enjoy this fine camping area. On-site camper rentals and bottle gas are available.

Look no further than your own backyard for camping enjoyment, call 993-3332 and make your reservations at PARADISE LAKE CAMPGROUND.

J.H. LAYNE, JR. EXCAVATING

If you're thinking about hiring an excavator to do some work on your property, stop a minute. Don't call just anyone. In this area, many knowledgeable builders are in the habit of calling only J.H. LAYNE, JR. EXCAVATING!

Located at Rt. 1 in Cullen, Va., phone 248-6385, this reliable company has a history of rapid completions, well-done jobs and satisfied customers. No wonder they're considered by many to be the number one earth movers.

This excavator specializes in excavating, road building, land clearing, grading and gravel hauling. They use only the latest machinery and employ competent operators. You can do no better than to call this reliable firm for all of your excavating needs!